

LUNCH: Creamy ham & vegetable stew, peanut butter & jelly sandwich, pears, milk

ALA CARTE: Spaghetti

THURSDAY'S BREAKFAST: Scrambled eggs, toast, juice

THURSDAY'S LUNCH: Stuffed crust pepperoni pizza, celery dippers, bananas, milk

THURSDAY'S ALA CARTE: Chicken noodle soup, cookies

QUOTE OF THE WEEK: "We think too much and feel too little." --Charlie Chaplin

ANNOUNCEMENTS:

1. Congratulations to Dan A., Reese K., and Jack M.! They are graduating today from Alexandria Technical and Community College earning their AA degrees. Jack and Dan will graduate with honors, as well.
2. Junior high and senior high choir – report to GST today.
3. Full junior high and senior high bands will meet today and Thursday (weather permitting).
4. Reminder – PLEASE stack your breakfast/lunch trays carefully. Too many are being broken due to carelessness when stacking and then falling on the floor.
5. 'Honk' rehearsal for the full cast today from 3:30-5:00.
6. Yearbook staff will meet Thursday from 3:30-5:00.
7. It is time to order your 2021 Yearbook! Cost is \$40 for high school, \$18 for elementary. Order online at balfour.com, SchoolPay, or with cash/check in the district office.

PROM – May 15:

1. Students going to Grand March MUST submit their audience names by today to Ms. Crimmins. If there are extra tickets available, Ms. Crimmins will notify students.
2. If you ordered a tux through Sherry Safratowich, delivery will be tomorrow (Thursday) from 11:30-12:30. Sherry will deliver tuxes outside the high school doors (#5) – remember your balance due.
3. Grand March will begin at 6:30 in Tiger Arena (must have a ticket to attend). Prom attendees will then be bused to the Firefly for dinner and dancing immediately after Grand March until 11:15 p.m. Post Prom will be held at the school and the Firefly until 4:30 a.m. for those attending Prom and any Nevis junior or senior who does not go to Prom.

ATHLETICS:

Practice Schedule -

1. Golf practice at Bears Den
2. Softball, grades 6-12, 3:30-5:00
3. Baseball, grades 6-12, 3:30-5:00
4. Track, grades 6-12, 3:30-5:00

EVENTS:

Today -

1. Junior high boys and girls golf teams compete at Greenwood in Bemidji. Teams depart at 7:45.

Thursday -

2. Varsity baseball team travels to BSU and will play Blackduck at 2:00. Team is dismissed at 11:50 and will depart at noon.
3. Junior high and varsity softball teams travel to Sebeka. Teams are dismissed at 2:35, departing at 2:45. Game time is 4:30.
4. JH boys and girls golf teams travel to Bigfork (The Edge). Teams are dismissed at 12:50, departing at 1:00. The meet starts at 4:00.

Friday -

5. Varsity track team travels to Walker. Team is dismissed at 1:50 and will depart at 2:00. The

meet starts at 3:30.

6. JV baseball team travels to Pine River-Backus. Bus loads at 1:35, departs at 1:45. Game time is 3:30.

RESULTS:

1. Congratulations to the following golfers: Ethan L. – personal best, Spencer L. – personal best, and Daniel L. – personal best at the meet at Castle Highlands yesterday! Yesterday was final conference meet of the season. The varsity boys finished 5th as a team, and after an entire season, Mathias W. and Lealon N. compiled the same season total and Ethan L. was within one stroke of them!

2. The Nevis Track Team had a successful outing in Barnesville yesterday. Makenna F. finished 1st in the 100m hurdles, 2nd in the long jump and 3rd in the 400m. Grace M. was 3rd in the 100m hurdles and 3rd in the triple jump. Kendall N. was 6th in the 200m. Mallory K. was 5th and Izzy W. 6th in the girls 800m. The 4x200 relay team of Makenna F., Grace M., Marley M. and Kendall N. placed 2nd. Ava I. was 2nd in the discus and Marissa E. 5th. Liddy D. was 4th in the shot put with a personal best throw of 29' 2 and Marissa was 6th.

On the boys side, Ayo O. won both the 100m and the 200m. Jon R. won both the 110m and 300m hurdles. Nate P. was 4th in the long jump and 5th in the triple jump. Ethan B. was 3rd in the 800m.

FUN FACT: Wearing headphones for just an hour could increase the bacteria in your ears by 700 times.